

Ringette

MANITOBA

RETURN TO RINGETTE



VERSION 2.0 - SEPTEMBER 2021

CURRENT PROVINCIAL PUBLIC HEALTH ORDERS

On Friday, August 27, 2021, the Manitoba Government announced changes to the Public Health Orders. The orders were released on Thursday September 2, 2021 and took effect on Friday, September 3, 2021 at 12:01 a.m.

Indoor sporting and recreational facilities, including arenas, dance schools and martial arts studios, must not operate unless admission of members of the public to the facility is restricted to the following:

- (a) persons who produce proof that they are fully immunized;
- (b) persons who produce proof from the Government of Manitoba that there is a medical reason for the person not to receive a vaccine for COVID-19;
- (c) persons under 18 years of age;

Participants and spectators 18 years of age and older who are watching sporting or recreational activities at the facility must produce proof that they are fully immunized.

FOLLOWING FACILITIES POLICIES

IT IS THE RESPONSIBILITY OF THE FACILITY USERS (SAFETY SUPERVISORS/ OFFICERS) TO ENSURE ALL PARTICIPANTS AND SPECTATORS ARE RESPECTING THE FACILITY'S POLICIES AND FOLLOWING THE PUBLIC HEALTH ORDERS.

IT IS **NOT THE RESPONSIBILITY OF VOLUNTEERS TO ENGAGE WITH THOSE WHO CONTINUE TO VIOLATE THE PUBLIC HEALTH ORDERS & FACILITY POLICIES. PLEASE ALERT THE FACILITY STAFF, PUBLIC HEALTH, AND LAW ENFORCEMENT FOR SUPPORT AS THE SITUATION REQUIRES.**

RETURN TO RINGETTE GUIDELINES

PHYSICAL DISTANCING (OFF-ICE)

2 meters (Except brief contact) Minimize prolonged (more than 10 minutes), close contact.

SCREENING

All participants are required to use Manitoba's COVID-19 screening tool before each session. Screening can be completed online at sharedhealthmb.ca/covid19/screening-tool/ or in Interactive Voice Response (IVR) format at 1-877-308-9038.

SAFETY SUPERVISORS

All ringette teams must have a minimum of one Safety Supervisor. A key responsibility of the Safety Supervisor will be to oversee and monitor their organization's Return to Ringette Plan, the facility regulations and protocols.

This individual will be responsible for ensuring that all relevant association information is shared across the membership in a timely fashion, including Safety Officers. See the resources section for a link to more information.

SPECTATORS

As per the current public health orders spectators 18 years of age and older are required to show that they are fully immunized in order to attend a Ringette Manitoba sanctioned program/event.

Spectators that are under the age of 18 years old do not have to be fully immunized in order to attend a Ringette Manitoba program/event but must be accompanied by a fully vaccinated adult (18 years of age and older).

GAME & PRACTICE GUIDELINES

It is mandatory for players, coaches, on-ice & off-ice officials, volunteers, parents, and spectators to wear face masks when attending Ringette Manitoba sanctioned activities.

- Face masks must also be worn in all common areas including dressing rooms.
- Bench staff and backup goaltenders are required to wear face masks on the bench.
- Spectators are required to wear face masks at all times in facilities, aside from eating and drinking
- Athletes, coaches, and officials DO NOT have to wear face masks while on the ice.
- Injured players not returning to the game are requested to not stay on the bench but must be supervised. In the event this cannot be accommodated due to supervision or space, the player must wear a mask correctly under their helmet.
- Off-ice officials (timekeepers, scorekeepers, and shot clock operators) must physically distance and wear a mask.
- On-ice officials must physically distance and wear a mask while in changing areas and walkways

All participants (players, coaches, on-ice & off-ice officials) must be registered with Ringette Manitoba for the 2021/22 Season.

All exhibition games MUST be registered with Ringette Manitoba.

Out of province team travel is being permitted.

- Ringette Manitoba strongly recommends that any eligible members travelling outside of Manitoba should be fully immunized.
- It is the responsibility of the Head Coach to be aware of and ensure the team follows return to Manitoba Public Health Orders.

If you are hosting an out of province team in Manitoba you are responsible for ensuring they are aware of and following the Manitoba Public Health Orders at sanctioned Ringette Manitoba activities.

CITY OF WINNIPEG ARENA PROTOCOLS

- All patrons to the facility are required to self-screen before entering the facility, and do not enter if feeling unwell.
- QR Code contact tracing tools are posted and encouraged at the entrance of all indoor arenas.
- Arena capacity and spectator seating are limited to 50% to ensure proper physical distancing guidelines are being followed for members of the public not engaged in sporting or recreational activity.
- Hand sanitizing stations will be available at each entrance.
- Masks are to be worn at all times in City of Winnipeg arena facilities by spectators, coaches, and participants.
- Mask wearing exception is granted for participants engaged in physical activity on the ice surface only.
- Do not arrive more than 20 minutes before your ice reservation, or stay longer than 30 minutes after your ice reservation.
- A team/ice reservation representative will be responsible for tracking and controlling building occupancy related to their reservation.
- Limited capacity change room access will be provided 20 minutes before your reservation.
- Social distancing is mandatory during change room access.
- Limited capacity change room access will be provided for 30 minutes after your ice reservation.
- Please adhere to all barriers posted, and do not move them.
- Limited shower availability will be provided until further notice.
- Bring your own water; limited use of water fountains will be available.
- No spitting or dryland training.
- Staff will be following handwashing protocols and disinfecting surfaces throughout the day and between reservations as time allows.

TEAM RESPONSIBILITIES

- All ice reservations must have a team/ice reservation representative.
- The team/ice reservation representative is responsible for the following:
 - Maintaining reservation capacity limits.
 - Ensure participant have self-screened before entry.
 - Encouraging the use of the QR code process upon entry, when possible.
 - Adhere to requests from arena staff to actively respond to reservation patrons if protocols are being breached.
 - Perform additional wipe down of high touch surfaces with a disinfecting agent upon entry and exit.

HYGIENE FUNDAMENTALS

- Wash hands with soap and water for at least 20 seconds.
- Promote strict hand hygiene (washing and sanitizing) before and after ringette activity.
- Avoid touching your face with your hands. Sneeze or cough into your elbow.
- Use alcohol-based hand sanitizer containing at least 60% alcohol if soap and water are not available.
- It is recommended that all participants bring their own hand sanitizer to all ringette activities.
- Athletes, coaches, and officials should arrive dressed in their on-ice uniform as much as possible.
- Helmet and skates can be put on inside the facility Team Staff must bring their own coaching equipment: boards, cones, etc. and sanitize it after every session.
- All teams must carry wipes, hand sanitizer, and pump soap in their equipment bags.
- Athletes, parents, and coaches should avoid handling equipment with their bare hands.
- Ringette sticks can be used to move equipment.
- Take a shower at home instead of at the facility.

MAINTAINING A HEALTHY ENVIRONMENT

- Players should stagger entering the ice surface from the dressing room.
- Coaches should minimize chalk talk sessions or time at the board where athletes are required to congregate.
- Utilize station-based skill development practice plans and have players/coaches spread out to maintain physical distancing.
- Avoid drills that require players to stand in line or in groups for a long period of time.
- When leaving the ice, coaches should excuse players one-by-one in an orderly fashion to ensure athletes are given appropriate time to exit the ice surface without congregating. Adequate time should be planned within the practice to ensure this can be done.
- Players and coaches should observe physical distancing recommendations when possible while on the ice.

SYMPTOMS OR POSITIVE COVID-19 TEST RESULT

- Any individual who exhibits symptoms such as a cough, fever, shortness of breath, runny nose, or sore throat and has a suspected case of COVID-19, must adhere to the following protocol:
 - Notify the team's safety officer immediately.
 - The individual must contact Manitoba's Public Health Authority to determine if a COVID-19 test is required.
 - If a test is required, the individual must follow provincial COVID-19 testing criteria until they have received their test results and have been permitted to return per public health.

MANAGER PRE-SEASON CHECKLIST

- Identify your Association Safety Supervisor and Safety Officers (see resources for more information on role & responsibilities)
- Safety Officers must share communication information to participants and parents/guardians.
- Safety Officer should be familiar with how to submit Attestation Forms
 - Options include: paper, RAMP, TeamSnap, etc.
- Ensure all participants have completed the Participant Agreement.
- Ensure your team has updated Emergency Action Plans.
- Ensure your Team has PPE/Sanitation supplies/kit.
- Ensure the team has Contact Tracing sign-in form for spectators to complete.
- Ensure your Safety Officer is familiar with the procedures for what to do when there is a suspected or positive COVID-19 test result.
- Register all exhibition games with the Ringette Manitoba office (see resources for link to fillable form)

CONCLUSION

Ringette Manitoba believes that the guidelines set forth in this document and additional resources will prepare participants to safely return to ringette. As information regarding the COVID – 19 virus changes, our plan will remain fluid and flexible to accommodate the necessary response to advice from the Provincial Health professionals.

RESOURCES AND REFERENCES

RINGETTE MANITOBA

[Ringette Manitoba Return to Ringette Hub](#)

[Daily Attestation Form \(PDF Fillable\)](#)

[2021-2022 Participant Agreement](#)

[Safety Supervisors & Officers Responsibilities](#)

[Attendance Tracing Form](#)

[Hygiene Checklist](#)

[Exhibition Game Sanction Application](#)

[COVID-19 Symptoms & Positive Test Procedures](#)

[Return to Ringette Association Resources](#)

[Return to Ringette Player/Parent Resources](#)

[Return to Ringette Bench Staff/Officials Resources](#)

RINGETTE CANADA

[Ringette Manitoba COVID-19 Resource Hub](#)

PROVINCE OF MANITOBA

[Province of Manitoba Covid-19](#)

[Shared Health Screening Tool](#)

[Current Public Health Orders](#)

LEGAL DISCLAIMER

The information contained in this document is not intended as a substitute for professional medical prognosis, recommendations, or treatment. Ringette Manitoba makes no representation and assumes no responsibility regarding the information concerning COVID – 19 due to the constant updates, and any information on COVID – 19 should be obtained from the Provincial Health Authority.