



COVID-19 Reopening Plan Phase 3

Town of Beausejour
Community Services
Sun Gro Centre

Town of Beausejour
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1. Introduction

This document will guide staff and users of Leisure Services facilities to ensure the safety of all. It will also serve to ensure facilities and user groups are in compliance with the current requirements mandated by the province of Manitoba. Novel Coronavirus and COVID-19.

COVID-19 stands for Corona Virus Disease. COVID-19 spreads through direct contact with the respiratory droplets of someone who is infected with the virus. These droplets can spread up to two meters/six feet. It may be possible for a person to get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.

Symptoms of COVID-19 are like other respiratory illnesses including the flu and common cold. Common symptoms for COVID-19 include: fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, and loss of appetite although symptoms may vary from person to person. Some people may experience mild symptoms, while others have more severe symptoms. If you have COVID-19, or think you might have it, help prevent spreading it to others by self-isolating for 14 days from the start of your symptoms. If you are sick, stay home.

The Town of Beausejour will expect due diligence from all parties utilizing its' facilities, to comply with and follow all guidelines as set out by the Provincial Public Health Authorities.

2. Protect Yourself

Reduce your risk:

- Self-assess using the interactive voice response format at 1-877-308-9038 or online at www.sharedhealthmb.ca/covid19/screening-tool
- Stay home if you are experiencing symptoms, even if they are mild.
- Always allow physical distancing of two meters (6ft) except brief exchanges and when they are actively participating or spectating in a sport or activity.
- Avoid congregating in shared areas, such as the lobby of the facility.
- Follow guidelines from sport organizations and facility site plans to minimize physical contact and risk of Covid-19 transmission between participants.
- All users must adhere to their Provincial Sport Association guidelines.
- Minimizing prolonged (more than 10 minutes), close (less than two metres) contact between other individuals in public.
- Avoiding greetings that involve touching such as handshakes.
- Disinfecting frequently used surfaces.
- Following public health advice related to self-isolation if you have travelled or have been exposed to someone ill with the virus.

- Consider avoiding travel, crowded places, and events if you are at higher risk.
 - Wash your hands often with soap and water for at least 20 seconds. Using soap and water is the single most effective way to reduce the spread of infection. If a sink is not available, you can use alcohol-based hand rubs to clean your hands if they are not visibly soiled. If they are visibly soiled, use a wipe and then alcohol-based cleaners.
 - Do not touch your face, eyes, nose, or mouth with unwashed hands.
 - Do not share food, drinks, utensils, etc.
- Staff will be required to self-assess prior to each shift and masks recommended.

3. Sun Gro Centre

3.1 Entering and Exiting

- All visitors/users/players will be required to enter through the main lobby entrance.
- Upon entry, all persons will be required to sign in and use the supplied hand sanitizer.
- Signage and floor markings will dictate flow of traffic.
- Staff / Volunteers will be present at the entrance of the Sun Gro Centre while each event is taking place. They will ask participants to sign in the registry. They will direct users to the proper location, answer questions, discourage congregating and manage access.
- Signage will be placed at the entrance of the facility to remind staff and facility users of physical distancing measures, hand hygiene and cough etiquette.
- Bookings will be spaced accordingly to ensure that disinfection and cleaning measures are completed after each group.
- Exiting the facility will be done through the same doors as the entrance, however, markings and barricades have been set up to create one-way entrance and exits.

3.2 Communications Officer

- All teams, meeting organizers, community groups, renters, etc. shall designate a Communication Officer(s) or Team Representative(s) who will be responsible for the following:
 - Signing in team attendees at facility entrance.
 - Sanitizing attendees/users at facility entrance.
 - Screening attendees/users at the facility entrance.
 - Ensuring team attendees/users are adhering to physical distancing and proper hygiene practices.
 - The appointed individual will be responsible for monitoring all relevant updates from the public health authority and from Hockey Manitoba, ensuring teams are following the Return to Play guidelines set by their governing body, tracking attendance at all team events and ensuring any COVID-19 cases are reported as required by the provincial health authority.

- Users must provide a Communications Officer to relay information to Facility Administration and Manitoba Health. Sign in sheets can be placed in the mail slot located on the Sun Gro Office door. Records will be discarded after twenty-one (21) days.

3.3 Spectators and Visitors

- Tables and chairs have been removed from the lobby as they do not conform to current distancing regulations
- A maximum of 50 people are allowed to be present in the lobby/main concourse. Users must not congregate and should practice social distancing and minimize prolonged contact (more than 10 minutes).
- Spectators must view practices and games in the arena stand area only. Access to seating inside the lobby will not be permitted. Access to standing or watching from the ice level (walking track) will not be permitted. The maximum number of spectators allowed in the seats shall be 180.
- Wheelchair guests may either view games or practices in the lobby or designated wheelchair area in the ice shed.

3.4 Ice Use/Arena

- Only one parent of young athletes may assist with skate tying. This individual shall immediately proceed to the stands or leave the facility following skate tying.
- All Initiation Level teams must come fully dressed, with the exception of their skates. Skates will be tied on the benches located near dressing room #6. Entry into dressing rooms will not be required or permitted.
- All teams from U7-U17 can access assigned dressing rooms 30 minutes prior to their ice booking and must exit within thirty minutes of their ice booking time.
- Ice times will be scheduled on a 60-minute basis with 15 minutes for ice flooding between bookings.
- Athletes from U8-U6 may be assisted to dress/undress by one parent/guardian only. Only 13 people will be permitted in a dressing room at a single time. Staggering the dress/undress times will be encouraged and set up by coaches/managers, or team representative.
- Maximum number of people on the ice surface is forty (40).
- Maximum number of players, coaches, officials and youth athletes is forty (40).
- Maximum number of Adult Athletes on the ice surface is twenty-five (25).
- Maximum number of spectators in the arena stands is one hundred eighty (180).
- Ice users must bring their own water bottle filled at home, as water fountains will be closed.
- No dryland training will be allowed in any parts of the ice shed or lobby.
- The Ice Teams, including but not limited to, the Beausejour-Brokenhead Minor Hockey Association and Eastman Selects AAA teams will follow all Hockey Manitoba protocols, as well as protocols outlined in this document.
<http://www.hockeymanitoba.ca/wp-content/uploads/2020/08/Hockey-Manitoba-Return-to-Play-Version-1-08.12.20-2.pdf>

- The Beausejour Ringette Club will follow all Ringette Manitoba protocols as well as all protocols outlined in this document.
- The Beausejour Skating Club must adhere to all Skate Canada protocols as well as protocols outlined in this document.
- All teams shall designate one or several Communication Officer(s) or Team Representative(s) who will be responsible for the following:
 - Signing in all players at facility entrance.
 - Sanitizing all players and parents at facility entrance.
 - Screening all players and parents at the facility entrance.
 - Ensuring teams and players are adhering to physical distancing and proper hygiene practices in dressing rooms and change rooms.
 - The appointed individual will be responsible for monitoring all relevant updates from the public health authority and from Hockey Manitoba, Ringette Manitoba, Skate Canada ensuring teams are following the Return to Play guidelines set by their governing body, tracking attendance at all team events and ensuring any COVID-19 cases are reported as required by the provincial health authority.
 - Users must provide a Communications Officer to relay information to Facility Administration and Manitoba Health. Records will be discarded after twenty-one (21) days.
- Should a player, coach, parent, spectator or visitor become ill, or have cold or flu like symptoms, information is to be reported and relayed to the Manager of Community Services. That individual should leave the premises immediately, self-isolate and contact Public Health.

3.5 Cleaning

- The Town of Beausejour shall enhance current cleaning practices.
- Town of Beausejour staff will sanitize all players benches, penalty boxes, gate handles and lobby after every booking.
- Town of Beausejour staff will sanitize high touch points frequently throughout the day.

3.6 Washrooms>Showers/Dressing Rooms

- All individuals must practice social distancing while in assigned dressing room and adjoining washrooms.
- Showers will be closed to all users at this time.
- One toilet stall and sink will be available for use, to allow for proper distancing. Other stalls will be closed off. One person shall be permitted in the washroom area at a time.
- Thirteen (13) persons are allowed in a dressing room at any one time. Additional benches will be supplied outside dressing room #6, for skate tying.
- A 'communication officer' or 'team representative' will monitor the above noted areas, for conformance and the controlling of staggered timing.

3.7 Walking Track

- The walking track will be accessible to the public during the following times:
Monday-Friday 7:00 am-4:00 pm
Saturday & Sunday 7:00 am-8:30 am
Please note that these times may change without notice.
- Walkers must maintain their social distance from others.
- Walkers must walk in the assigned direction.

Walking Track Direction

Sunday, Tuesday, and Thursday = Clockwise (towards the dressing rooms)
Monday, Wednesday, Friday, Saturday = Counter-Clockwise (towards the pro shop)

- Walkers cannot access the track during game activity or ice bookings.
- Walkers are to sign in upon entry at the Sun Gro Centre Administrative office.
- Anyone that enters the facility is required to sanitize upon entry.

3.8 Meeting Rooms

- All Sun Gro Centre meeting rooms will comply with Manitoba Provincial Health regulations and protocols.

Sunova Room

- Should physical distancing requirements be present, of 2 meters, a maximum of 30 individuals may be in the room at one time. User is responsible for adhering physical distancing.

McMunn & Yates Room

- Should physical distancing requirements be present, of 2 meters, a maximum of 5 individuals may be in the room at one time. User is responsible for adhering to physical distancing.

Ice Breaker Lounge

- Should physical distancing requirements be present, of 2 meters, a maximum of 55 individuals may be in the room at one time. User is responsible for adhering to physical distancing.

4. Curling Rink

- All individuals entering the facility must abide by physical distancing protocols set in place by Manitoba Health.
- Entry into the Curling Club will be through the Sun Gro Centre main lobby entrance. Individuals **MUST** sign the daily registry, and sanitize upon entry.
- All curling patrons must exit through the WEST side door (green door).

- Maximum number of spectators allowed in the lounge, and side wings is 55 persons at a time.
- Maximum number of athletes allowed in the ice shed is fifty (50).
- Maximum number of persons in the lower level at any one time shall be fifty (50).
- The Beausejour Curling Club shall, as an organization, ensure that all Manitoba Health & Curling Manitoba re-opening protocols are met and adhered to on a daily basis.
- It is recommended that both locker rooms be closed due to capacity protocol.
- Washrooms will follow physical distancing protocols with every second stall or urinal closed.
- Sungro staff will clean, and sanitize high touch points in the facility, daily.

5. COVID-19 Governance

- Community centers and other multi-purpose facilities such as church basements, arenas and town halls can be re-opened if they are used for classes and activities allowed in Phase Two and follow the specific guidelines provided for those classes/activities. Community centers and other multi-purpose facilities such as arenas and town halls can have a higher indoor occupancy level. The maximum number of people permitted per site is 50, except where discrete groups of 50 can be separated to prevent contact with other groups through the use of separate exits and/or staggered drop-off schedules and monitoring the facility to avoid congestion and inter-mingling of groups in common areas. The maximum size of gatherings with subgroups should not exceed 30 per cent of the site capacity to a maximum of 300. Staff must be present at the entry to the facility, as well as within the facility, to monitor use and capacity.

Fines for non-conformance of current regulations will be the responsibility of the individuals or user groups using the facility and not the Town of Beausejour.

- Use one entrance only.
- All staff, volunteers and service users should be screened for symptoms of COVID-19 or exposures prior to allowing entry into the facility or before being allowed to participate in the activities.
- Place signage at the entrance and throughout the facility to remind staff, volunteers, and service users of physical distancing measures, hand hygiene, and cough etiquette.
- Ensure hand hygiene stations are available at entry and throughout the facility.
- General guidance on physical distancing and disinfection/cleaning measures after each group must be followed. If washrooms are available for use, increased frequency of cleaning should occur.
- Individuals at higher risk of serious illness may consider waiting to return to these facilities.

- Consider the benefits versus risks of group activities for higher risk groups (e.g. seniors).
- When standing at events, a two metre/six foot separation is also recommended for non-household members. As has always been the case, members of the same household do not need to physically distance themselves from each other, at home or in public or private settings.
- Gathering organizers are asked to keep groups contained, and not let new people enter as other people leave. This is to ensure contact tracing can be done if someone tests positive for COVID-19.
- Guidance on performing a risk assessment for different activities and establishing plans is posted online at: manitoba.ca/covid19/restoring/sports-guidelines.html.
- Ensure enhanced cleaning of indoor facilities, particularly washrooms.
- Encourage individuals to change and shower at home and limit use of locker area.
- Remove any common use items from locker rooms.
- If locker rooms are used, consider modifying their use in order to maintain physical distancing.
- As well, a disinfectant spray or wipes should be available for participants to disinfect locker contact surfaces before and after use.
- Enhanced and frequent cleaning and disinfection of locker rooms will be required.
- Areas of congregation (e.g. team benches, pool edges) will require creative solutions to adhere to physical distancing guidelines. This can be done in consultation with provincial and national sport-specific COVID-19 guidance, where applicable.
- Tournaments/competitions with multiple teams represent an increased risk of COVID-19 transmission due to the high number of participants, staff and volunteers, travel of participants from other regions and the potential for individuals gathering before and after games. As a result, tournaments are not recommended at this time.
- If organizers proceed with a modified tournament that meets COVID-19 sports guidance, consider the following:
 - Develop event-specific plans that include creative ways to minimize risk while ensuring that physical distancing, gathering size and capacity limits outlined are followed (see Restoring Safe Services: Phase 2 for further sector-specific guidance).
 - Limit contact with other participants as much as possible.
 - Sports with less potential for physical contact (e.g. tennis, golf) are presumed to carry less risk, whereas sports with more potential for contact and larger numbers of participants are presumed to carry more risk.
 - Avoid having participants or teams waiting on site between games.
 - Discourage groups of people from gathering before and after events (e.g. do not include beer gardens, awards banquets, etc.).

6. References & Resources

| Public Health Guidelines & Considerations | Resources & References |
|--|---|
| Public Education | |
| <ul style="list-style-type: none"> • Posters in prominent areas on: <ul style="list-style-type: none"> ○ Physical Distancing ○ Hand washing ○ Sanitizer Stations ○ COVID-19 information ○ Cough Etiquette ○ COVID-19 screening | <p>https://sharedhealthmb.ca/covid19/providers/posters/</p> <p>https://sharedhealthmb.ca/covid19/screening-tool/</p> <p>https://www.gov.mb.ca/covid19/updates/about.html</p> <p>https://www.gov.mb.ca/covid19/updates/prepareandprevent.html</p> <p>https://www.gov.mb.ca/covid19/updates/resources.html</p> <p>https://www.gov.mb.ca/covid19/restoring/index.html</p> |
| General Users of the Community Centre | |
| <ul style="list-style-type: none"> • Screening: <ul style="list-style-type: none"> ○ Screening at entrances ○ Patrons at higher risk should consider waiting to return to facilities ○ Signing in at entrance ○ Sanitizing at entrance | <p>https://curlmanitoba.org/wp-content/uploads/2020/07/CC-Manual_Return-to-Play_MB_EN-1.pdf</p> <p>https://ringgettemanitoba.ca/covid-19-return-to-activity-return-to-play-phase-plans-update/</p> <p>https://skatecanada.ca/2020/05/return-to-skating/</p> |