

# ASSESSMENT FORMAT

The Assessment process will be broken in the following format:

Skate 3 and 4 may be done in reverse if needed to allow for the appropriate resources to be available.

Coaches are encouraged and needed on the ice during assessments. **The coach to player ratio should be 1 to 5. No more than 5 coaches should be on the ice at a time.**

Skate 1 - Camp Skate:

The Ringette Manitoba Instructor will be on the ice running the players through a series of drills that will assist them in getting into "Ringette mode". Coaches will provide assistance and a little instruction to the players during this skate.

Skate 2 – Station Assessment:

There will be Instructors and coaches on the ice running the players through a series of stations. Coaches will provide minimal instruction to the players during this skate. Ringette Manitoba Instructors will be "assessing" the players on the ice based on Ringette Manitoba criteria

Skate 3 - Group Assessment:

There will be Ringette Manitoba Instructors and 2-4 Coaches on the ice plus 1 - 2 Ringette Manitoba Assessors in the Stands (depending on size of group). Players will be divided into 2 groups if needed. The Instructors on the ice will run the players through a Lesson while the Assessors are assessing from the Stands.

Skate 4 - Stage Assessment:

There will be 3 Coaches on the ice plus Ringette Manitoba Instructors. Based upon the first 3 Skates, players will be broken down into Red/Purple/Green groups. They will be put through a series of drills specific to their level. The coaches & Instructor will then move players to a different group if they feel that they are not being challenged, being challenged too much or are standing out in their group. \* Possible discussion between Instructor and Head Coach in regard to assessment.

